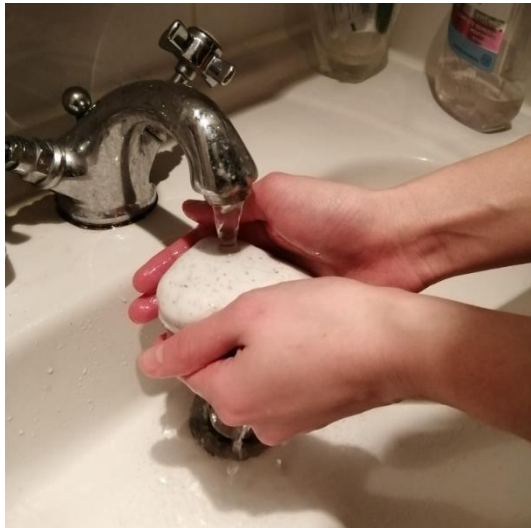
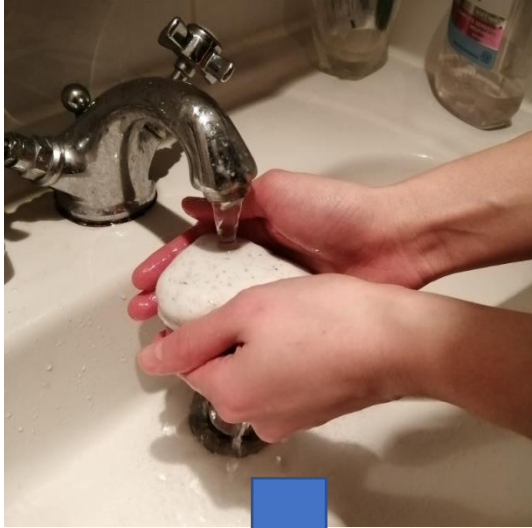


A Story About Washing My Hands



Washing my hands will help to keep me
and my family safe and healthy.



safe

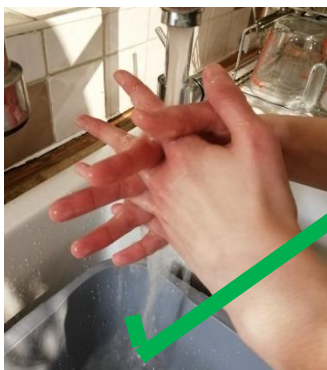


healthy

I need to remember to wash my hands
using soap and to make sure I clean
between my fingers and the back of my
hands.



remember



I need to try and remember to wash my hands for 20 seconds.



20



20

seconds

If I can't wash my hands my family might ask me to use hand gel to clean my hands.

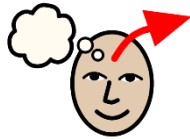
This is okay. I can put the gel on my hands and rub it in.



I should wash my hands before and after I eat and when I come home or to school after being outside. My teachers or family might ask me to wash my hands at other times. This is okay too.



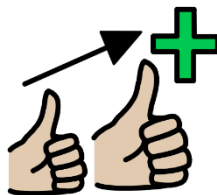
If I remember to wash my hands, this will help keep me and my family healthy and I can feel proud.



remember



safe



healthy