



## Trinity Family Support

Being a parent or carer can be the most wonderful experience in the world and can bring so much love and joy into your life. We also know the responsibility of parenthood and the daily challenges of this role, can be as daunting as they are exciting.

Trinity Family support is here for you.

Our Family support team offers information, advice and guidance. Alternatively, we also host half termly coffee mornings and Family forums, providing you with a safe space to talk freely and share your experiences with other parents and professionals. We warmly welcome you to come and speak to us.

Our office is situated opposite the main reception.

Laura Feeney & Liz Fortt

Trinity Family support leads.



### **Upcoming Family support events**

**Evening Drop in session: 23/11/2023 3:30-5:30pm**

**Trinity coffee morning: 7/12/2023 10am**

