

Swimming at Trinity School

Here at Trinity school we provide opportunities for all 111 pupils of the Primary phase to access our swimming pool facilities as part of their Physical Education entitlement. Students participating in swimming have lessons that are tailored specifically to meet their needs, therefore giving them the best possible chance to learn how to swim. Evidence of this tailored approach can be seen through the creation of our very own teaching programmes that break the skills needed to swim down further and therefore enabling our pupils more opportunity to develop a new swimming skill during their time at Trinity. The programmes the pupils will follow during their time at Trinity are; Discovery Duckling, Duckling, Pre National Teaching Pool Standards or the main National Teaching Pool Standards (NPTS) for our most competent swimmers.

We also offer Hydrotherapy sessions to our PMLD students in our specialised Hydrotherapy pool where they will be taken on sensory journeys whilst moving through the water. This helps with increasing their range of movement, something that is vital for them as they may not always have the chance to do this unless they are in water.

Please find attached the Government recommendations on swimming in schools and the expectations around this. However, please take particular attention to page 11 of the document “curriculum swimming provision for SEND pupil” and you can see we are currently awaiting a publication on the plan of action for SEND provision.

Please follow the link below to access more information on extending the pupils ability to swim outside of the school environment.

<https://www.swimming.org/learntoswim/disability-and-swimming-lessons/>



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