

The Heathway Centre

Half Term Programme

18th February- 23rd February 2019



All sessions will be held at **The Heathway Centre 512a Heathway, Dagenham RM10 7SJ**

You must book on to all Heathway centre activities. Bookings will only be taken from:
11am on Wednesday 13th February 2019. You can call on **0208 227 5500** or drop in to the centre

Siblings are welcome to all our activities

Holiday Fun Club

Monday 18th February 2019
2pm – 4pm

Fun filled, structured activities for children and young people only. Parents are required to be on site, however, are not involved in the activities. **Activities include snack time.**

Please inform the Heathway Centre of any dietary requirements or food allergies
£1 per child, 50p sibling

Games Galore

Tuesday 19th February 2019
2pm – 4pm

Come and enjoy an afternoon of games and fun activities aimed at getting everyone to play together. We will be playing games such as twister, board games, interactive quiz games and some old school sports games. Parents are required to be on site, however, are not involved in the activities.

Refreshments will be provided.
£1 per child, 50p per siblings

Martial Arts Fitness

Wednesday 20th February 2019
2.00pm – 3.00pm

Interested in martial arts? Want to try out something physical? This session will go through some basic principles of Kung Fu, teach you about patience, coordination, discipline and having fun whilst trying it out! This is a physical activity, so wearing loose sports clothing is recommended.

Delivered by a professional accredited instructor

Ages 5 and over £1 per child, 50p sibling

Movie & Popcorn

Thursday 21st February 2019
2pm – 3.30pm

Come and enjoy a cinema style experience at The Heathway Centre. **We will be watching 'Lost and Found' (2008)**, a charming animated tale about a young boy who finds a lost penguin on his doorstep and decides to row him home to the South Pole- and a series of other short animated films.

We will also be serving homemade popcorn as a treat. Children will be required to be supervised by parent/carers.
£1 per child, 50p sibling

Family Cooking Club

Friday 22nd February 2019
10.30am – 12pm & 1pm – 2.30pm

Cooking offers many sensory experiences from the touch and feel of ingredients to the smell and taste of the finished dish. Cooking can also support maths and science skills and help develop communication skills in a fun environment. We will be making **Chocolate Frosted Fruit Cupcakes.**

Ages 3 and over £1 per child, 50p sibling

Family Fun

Saturdays 10am – 12pm

A group that encourages children with their siblings, mum, dads and carers to develop socialisation skills through structured and creative play. Activities include snack and circle time, encouraging children to try healthy fruits. This group can support learning and help parents, carers and children to make new friends

FREE Ages 3- 17

****You can opt to pay using your SB4ME grant. Please inform at time of booking****