

SEPTEMBER 2011					
	M	T	W	T	F
1				1	2
2	5	6	7	8	9
3	12	13	14	15	16
1	19	20	21	22	23
2	26	27	28	29	30

OCTOBER 2011					
	M	T	W	T	F
3	3	4	5	6	7
1	10	11	12	13	14
2	17	18	19	20	21
3	24	25	26	27	28
1	31				

NOVEMBER 2011					
	M	T	W	T	F
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2	7	8	9	10	11
3	14	15	16	17	18
1	21	22	23	24	25
2	28	29	30		

DECEMBER 2011					
	M	T	W	T	F
2				1	2
3	5	6	7	8	9
1	12	13	14	15	16
2	19	20	21	22	23
3	26	27	28	29	30

JANUARY 2012					
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1	2	3	4	5	6
2	9	10	11	12	13
3	16	17	18	19	20
1	23	24	25	26	27
2	30	31			

FEBRUARY 2012					
	M	T	W	T	F
2			1	2	3
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MARCH 2012					
	M	T	W	T	F
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2	12	13	14	15	16
3	19	20	21	22	23
1	26	27	28	29	30

APRIL 2012					
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1	16	17	18	19	20
2	23	24	25	26	27
3	30				

MAY 2012					
	M	T	W	T	F
3		1	2	3	4
1	7	8	9	10	11
2	14	15	16	17	18
3	21	22	23	24	25
1	28	29	30	31	

JUNE 2012					
	M	T	W	T	F
1					1
2	4	5	6	7	8
3	11	12	13	14	15
1	18	19	20	21	22
2	25	26	27	28	29

JULY 2012					
	M	T	W	T	F
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1	9	10	11	12	13
2	16	17	18	19	20
3	23	24	25	26	27
1	30				



**TRINITY MENU – NOVEMBER 2011 TO JULY 2012**  
**CATERING SERVICES – School Meals and Hospitality**

# *Homemade*

*Menu complies with government nutritional standards*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Oven-baked Fish Crunchy Shepherd's Pie # Selection of filled Baguettes Creamed Potatoes Spaghetti Rings  Cool Fruit Orange Ice	Chicken Meatballs or Veggie Balls Creamed Potatoes or Rice Tomato & Basil Sauce # or Gravy  Lemon Iced Sponge #	Beef burger Bap Vegetable Burger Bap Sauté Potatoes Baked Beans  Fruit Shortbread Biscuit # with Carton of Milk	Salmon & Sweet Potato Fishcake Cheese Flan # Vegetable Fingers Creamed Potatoes  Fruit Jelly # & Ice-cream	Pizza with a variety of Toppings # Garlic Bread # Jacket Potato with Cheese & Baked Beans Baked Beans  Dairy Cream Sponge
<b>WEEK 2</b>	Sausages Veggie Sausages Oven-baked Chipped Potatoes Baked Beans  Iced Fruit Smoothie	Fish Fingers Beef Enchiladas # Oven-baked Wedges  Oat Cookie # with Carton of Milk	Roast Chicken Cheese & Vegetable Bake Roast Potatoes Yorkshire Pudding Gravy  Fresh Fruit Salad	Breaded Pollock Fillet Chicken Bites Oven-baked Diced Potatoes Peas  Chocolate Sponge & Chocolate Sauce #	Minced Beef & Onion Pie # Vegetable Pasta Bake # Creamed Potatoes Gravy Jacket Potato with a variety of Fillings  Fruit Crumble #
<b>WEEK 3</b>	Chicken Bites Macaroni Cheese # Oven-baked Sauté Potatoes Baked Beans  Frozen Fruit Yoghurt	Lemon Sole Grill with Oven-baked Diced Potatoes Turkey or Vegetable Curry # Rice & Naan Bread  Ice-cream Sponge Roll	Wholemeal Breaded Salmon Cheese Whirls # Pasta Bolognese # with Garlic Bread # Oven-baked Chipped Potatoes  Chocolate Crisp #	Roast Lamb Vegetable Sausage Toad # Yorkshire Pudding Roast Potatoes Creamed Potatoes Gravy  Melting Moment Biscuit # with Carton of Milk	Tempura Battered Pollock with Potato Wedges Lasagne # with Garlic Bread # Jacket Potato with Cheese & Coleslaw  Carrot Cake #

*Salad / choice of vegetables, low salt wholemeal bread and low fat spread, mixed fresh fruit, sunny raisins, yoghurt, custard, cheese & biscuits available daily. Potato products are oven-baked, chips contain less than 5% fat and Sausages and Burgers are reduced fat. Fresh drinking water is provided daily for all pupils. Please note that there may be occasional changes due to unforeseen circumstances and availability outside our control*

